

A Summary of my Literary Collections

Completed books

Seed

Tailoring Community bridging projects for different cohorts in society, disabilities, special needs, geriatric care, children based on acronyms of SEED

Life Colors

A curriculum on Engagement programs for children going through emotional-behavioural meltdowns capturing their interests in their world

Waking moments

A blend of various storytelling styles - script writing, novel, poetry
Romance of the adolescent years and stages and phases Different characters weaved into a literary storyline

Scribbles

Poetry

Sketches

An autobiographical journal anecdote on romance and life

Booklets in Psychology

Coloring Therapy

faceUP

Provoking Thoughts (Fireworks)

Psychology Text-in-Brief

The Executive Working Memory Daily

Therapies @Work

Resource Booklets (ICEBHealth)

Bipolar

Depression

Dissociative Disorders

GAD

OCD

Schiz

(Internal Cognitive Emotional-Behavioral Health)

Books lined up

The creative brain

How our brain functions Modern theories about our brain
Neuroplasticity

Communication

How we communicate, How we listen Communication skills in our
Relationships

Chasing Alice

A romance novel based on Alice in Wonderland & the characters she meet

The science of play with narratives

The history on play theories & play therapy Narratives of adapting play
applications for children

The hippocampus surf diaries

An adaptation of Oliver sacks the man who mistook his wife for a hat
Narratives about brain disorders

What are my monsters?

Our differing personalities and likeness in differing situations

This book helps one identify oneself in the midst of embarking on their life and
exploring their 'life climate' and engage and connects oneself amongst others in
this vast world of ours.

RUUM intheclinic

A Practitioner's Toolbox This encompasses useful resource materials on
psychological allied healthcare for empowering the practitioner and client in
therapeutic interventions